


Psychotherapy  
Institute of  Development  
**VITA**

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**EDUCATION**

1993 Ph.D. California Graduate School of Psychology, Corte Madera, CA.  
*Ph.D. in Clinical Psychology*  
1985 M.A. California State University, Sacramento  
*M.A. in Public Administration*  
1980 M.A. California State University, Sacramento  
*M.A. in Social Work*  
1977 B.S. University of Arizona, Tucson, AZ  
*B. S. in Education*

**PROFESSIONAL EXPERIENCE**

6/1993 - present **Psychotherapist**, Psychotherapy Institute of Individual, Family, & Community Development, Antioch, CA

- Clinical Director and Vice President of Organization
- Clinical Supervisor to practicum students, interns, and post-doctoral students
- Provide treatment to children, adolescents, and adults – including couples and family therapy utilizing a variety of psychotherapeutic techniques, including strategic, structural,

narrative approaches and Gottman method. Extensive experience in treating seriously emotionally disturbed children and their families.

4/86- 8/95

**Mental Health Clinical Specialist**, Contra Costa County Mental Health, Antioch, CA

- Provided individual, group, and family therapy to the county's culturally diverse, indigent population. Conducted intakes, provided crisis intervention, brief and long-term therapy, case management and utilization review. In addition to a caseload of 35 clients, provided consultation to teachers and child welfare workers, and supervised and trained interns.

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**Clinical Supervisor**, La Familia Counseling Services, Hayward, CA

- Supervised Children's Day Treatment Program that provided mental health treatment for seriously emotionally disturbed children ages 9 – 16.
- Hired, supervised, and evaluated clinical staff, and provided psychosocial assessment, treatment, and case management, and participated in peer and utilization review.
- Coordinated services with Hayward Unified School District, and assured contract compliance.

1982 – 1984

**Psychiatric Social Worker**, La Familia Counseling Services, Hayward, Ca

- Assessed psychosocial functioning, developed and implemented treatment plans for seriously emotionally disturbed children and their families.
- Provided individual, group, and family therapy, and consultation with special education teachers.

1981 –1982

**Group Therapist**, Child Sexual Abuse Treatment Program, Sacramento, CA

- Therapist for two groups: a brothers of incest victims group and a couples group where the father had molested one or more of the couple's children.

1980 – 1982            **Clinical Residential Supervisor**, St. Patrick’s Home for Children,  
Sacramento, CA

Supervised child care staff and managed one of five group homes for adolescents placed by the court. Provided individual, group, and family therapy. Participated in program planning and development for the agency.

### **OTHER PROFESSIONAL ACTIVITIES**

February 1998            Expert Witness in Child/Family Psychology: Contra Costa  
County Superior Court

October 1997            Expert Witness in Child/Family Psychology: Contra Costa  
County Juvenile Court

1997 – 1998            Teacher’s Assistant, California Graduate School of Psychology

- Provided live supervision to graduate students as they performed psychotherapy utilizing a narrative approach with individuals, couples, and families.

1994 – 1995            LCSW Orals Examiner for the California State Board of  
Behavioral Sciences

### **CALIFORNIA LICENSES**

Licensed Psychologist (California) PSY15066 (3/97)

Licensed Clinical Social Worker (California) LCS11418 (1985)

### **CONTINUING PROFESSIONAL DEVELOPMENT**

(July 2001) Legal and Ethical Issues: Critical Factors in Clinical Practice. Professional Psych Seminars, 6 MCEP.

(September 2001) A Systems Approach to Clinical Supervision, Professional Psych Seminars, 6 MCEP.

(September, 2001) Narrative Therapy, Folk Psychology, and the Scaffolding of Therapeutic Conversations, Bay Area Family Therapy Training Associates, 12 MCEP

(April 2005) Psychopharmacology & Psychotherapy: Ethical Considerations for Clinical Practitioner. Cross Country Education, 6 MCEP

(September 2002-June 2003) Narrative Therapy monthly three hour meeting conducted by Jeff Zimmerman, PhD of B.A.F.T.T.A., 27 MCEP

(January 2002) Understanding and Assessing Attachment. Training conducted by Carol George for R. Cassidy Seminars, 6 MCEP.

(November 2005) Marital Therapy: A Research-Based Approach in Gottman Method Couples Therapy by John Gottman, 14 MCEP

(September 2005) Ethical & Legal Issues in Substance Abuse Treatment Part 1 co-sponsored by At Health, Inc. and PsychoEducational Resources, Inc. 1 CE credit

(September 2005) Ethical & Legal Issues in Substance Abuse Treatment Part 2 co-sponsored by At Health, Inc. and PsychoEducational Resources, Inc. 2 CE credit

(March 2006) Fundamentals of Clinical Supervision. Professional Development Resources, 12 MCEP

(March 2006) Legal Issues for Mental Health Professionals. Essential Learning, LLC, 4 MCEP

(March 2006) Aging, Mental Health & Long Term Care. ContinuingEdCourses.Net, Inc. 3 MCEP

(September 2007) Introduction to Hypnosis, Ericksonian Approach, by Steve Lankton

(January 2008) Supervision/Training Ericksonian Approach, by Steve Lankton

(March 2008) Level II: Assessment & Intervention Training in Gottman Method Couples Therapy

(April 2008) Supervision/Training Ericksonian Approach, by Steve Lankton

(April 2008) Clinical Supervision, Part III: Legal & Ethical